



JUNE 2010

Paulsen's Family Martial Arts Newsletter

Happy Birthday!

Derek "DJ" Hanes Jr.	June 2nd
Sean Cavanagh	June 10th
Casey Pretzeus	June 8th
Daniel Snelling	June 8th
Michelle Riffenburgh	June 26th
Stone Smith	June 28th
Sensei Diane	June 30th

Great Job!

Jasmine Bannasch	All "A"s
Tristen Bannasch	All "A"s
Jordan Mathis	High School Grad
Clem Malone	High School Grad

Sensei Diane

Thank You to Terryn Hodges for the beautiful, awesome Tiger/Dragon Mural on the wall of the Dojo

Summer Vacations:

Please fill out an Absence/Vacation slip so we will know when we can or cannot schedule events.

I would like to thank everyone for their support and prayers. I am recovering and will be back before you know it.

Sempei Kevin

Congratulations

Who will be next

Angie Moser	
Clem Malone	
Cody Tornabene	
Nicolle Rolenc	
Jeremy Harrell	
Hampton Bickett	
Cooper Bickett	
Nina Woodman	
William Fudge	
Tiffany Brown	
Christopher Fudge	
Rocky Hagen	
Lauren Klaers	
Sean Cavanagh	
Josh Rose	
Sarah Rose	
Susan Rose	
Kerstyn Tope	
Brendan Smith	

Wow!

JUNE 2010

What's Happening

Our Website

We are going to be making some changes to our website, please visit the site often for cool Apps and new content.

Also, the monthly newsletter will be posted to our site as well.

Brown Belt Enrichment class

will be held on Friday June 11th from 6-8pm at the Springs Dojo. We will be going over Judo and Ne Waza

Rocky Mountain State Games

Is quickly approaching and will be here before you know it. Opening Ceremony will be Friday July 30th with Karate & Judo competition on Sat the 31st We would really like to see all color belts compete in something, & we will also be putting together a JUDO team to compete this year.

Those that would like to compete we will be having extra classes for preparation.

Sempei Kevin

Special events at the Springs Dojo like; Movie night, Play day's and?

Any suggestions, please submit by calling Sempei Kevin at 719-648-1178 or on website.

We will also be looking at extra times or classes during the day to accommodate summer schedules. Info to follow



Don't forget we are able to accept Credit/Debit cards at both locations.

Anything Martial Arts you can go to either of these two websites, choose what you want then we will order it at our cost plus shipping.

www.Centurymartialarts.com

www.awma.com

Q & A, Questions & Answers;

Please submit any questions you might have to our new Q&A page on the website.

CALENDAR OF EVENTS

*Brown Belt enrichment class
Friday June 11th at New Springs
Dojo*

Paulsen's Family Martial Arts
4144 Austin Bluffs Pkwy
Colorado Springs, CO 80918
719-648-1195

OR

Meridian Point Church
5450 Meridian Rd.
Peyton, CO 80831
719-648-1195



Class Schedules

Colorado Springs Dojo/Studio:

Monday

4-4:45pm Beginners
4:45-5:30pm Kids 6-16 years old
6-7pm – Adults all levels

Friday

4-4:45pm Beginners
4:45-5:30pm Kids 6-16 years old
6-7pm – Adults all levels

Saturday

8:30-9:15am Adults all levels
9:30-10:15am Kid's class Beginners
9:30-11am Kid's class, Color Belts

Falcon Dojo

Tuesdays

4:15-5pm White Belts 6-16 years old
5:15-6pm Color Belts 6-12 Years old
6:15-7pm Adults All Levels
7:15-8pm Color Belts 13-16 Years old

Thursdays

4:15-5pm White Belts 6-16 years old
5:15-6pm Color Belts 6-12 Years old
6:15-7pm Adults All Levels
7:15-8pm Color Belts 13-16 Years old

